



# HILO MEDICAL CENTER FOUNDATION®

[www.hilomedicalcenterfoundation.org](http://www.hilomedicalcenterfoundation.org)

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## From Dreams to Reality

Hilo Medical Center (HMC) is actively addressing the shortage of health care providers in Hawaii by hosting a Primary Care Training Program that prepares doctors, nurses, psychologists, pharmacists, and others to provide full spectrum care for patients from “keiki to kupuna”. The majority of the outpatient clinical training occurs at the Hawaii Island Family Health Center located on the first floor of Hilo Medical Center.



*Dr. Doug Rose providing “in the moment teaching” to second year family medicine resident Dr. Alain Takane*

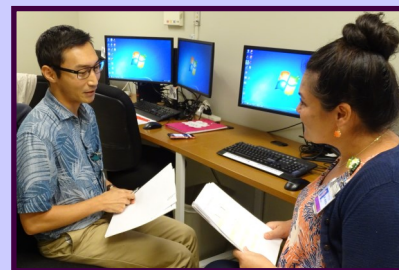


*Dr. Cathy Moonshine, licensed psychologist and Director of Behavioral Health, planning team based and primary care behavioral health with post-doctoral fellow Charles Liu*

The Hawaii Island Family Medicine Residency program is based at the Hawaii Island Family Health Center. The health center serves as the medical home for over 5,000 patients who live and work in East Hawaii. Board-Certified Family Physicians lead the clinical teams that train residents and medical students. Since 2017, the residency program has graduated ten (10) new physicians; all of which became Board-Certified in Family Medicine. Nine of the ten graduates are actively providing care across rural Hawaii.

During 2018-19, the Hawaii Island Family Health Center trained eleven medical students, twenty RN students from University of Hawaii at Hilo and ten LPN students from Hawaii Community College (HCC). The nursing students were introduced to outpatient healthcare for adults and children. In the coming year, the clinic will begin to provide training in pediatrics for advanced duty nurses from HCC.

In addition, the family health center faculty provided more than 450 hours of clinic training for Doctor of Nursing Practice (DNP) students. These students are well prepared to go on to independent practice in the community; which will help to increase access to care for patients across rural Hawaii.



*Co-chief resident Dr. Warren Yamshita reviewing healthcare screening tests with second year resident Dr. Anna Maisu at the Hawaii Island Family Health Clinic*

*Continued on next page)*

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The family health center serves as a primary clinical training site for psychology interns and a post-doctoral fellow who provided over 1,000 hours of patient clinical visits and countless consultations with family medicine residents. These learners are under the direct supervision of a licensed Psychologist on the faculty at the Hawaii Island Family Medicine Residency program.

Doctor of Pharmacy students from Daniel K Inouye School of Pharmacy at the University of Hawaii at Hilo participate in clinical consultations at the family health center. From July 2018 to June 2019, nearly fifty, third and fourth year, pharmacy students completed clinical ambulatory care rotations and an additional five students spent additional elective training time.

During 570 patient encounters, pharmacy students provided clinical consultation and recommendations on topics related to diabetes management, asthma and COPD medications, management of anticoagulation, and other related topics. The Doctor of Pharmacy student trainees provided innumerable bedside consults, phone consultations, refill requests, and academic presentations to the health center staff. These trainees are

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Join our Army of  
Lifesavers today!  
Upcoming  
Training Dates:

**August 17, 2019**  
**November 16, 2019**



*Dr. Stuart discussing medication  
use in pediatric patients with  
fourth year Pharm D students,  
Lisa Nguyen and Niloofar  
Seltanipour*

## Hawaii Island Family Medicine Residency Program Welcomes Four New Residents

Please join the Hilo Medical Center and Hilo Medical Center Foundation in welcoming the sixth class of residents to the Hawaii Island Family Medicine Residency Program. Pictured below during the Rotary Club of Hilo's annual Hilo Brewfest event where the residency program provides first aid support and is a beneficiary of part of the proceeds from the event to support rural rotations.

*Pictured below from left to right: Kalinda Matthews-Harris, MD, Daniel Iqbal, MD,  
Khushbu Patel, MD, and Jaime Parra, MD.*



### Youth Mental Health First Aid Training

Call the Foundation to  
learn more about this  
FREE three year  
certification class  
offered quarterly.



## North Hawaii Teen Health Camp

North Hawaii students from Kohala to Honoka'a attended the first ever Teen Health Camp at the North Hawaii Education and Research Center (NHERC) on March 28, 2019.



*Pictured Above: Volunteer, Dan Domizio teaching students how to suture a wound.*

*Pictured Left: Volunteer, Dr. Ted Peskin, teaching basic clinical skills..*



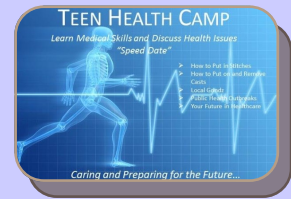
## Cardiology Care



As of July 1st, Hilo Medical Center (HMC) is a 24/7 STEMI call; which means patients experiencing a heart attack will be able to seek treatment at HMC via angioplasty. HMC hired two interventional cardiologists, Dr. Juneau and Dr. Wyatt, and an additional two doctors will join the team later this year. On average, HMC sees about five heart attack patients a month.

Becca Moore, RN is the Stroke and Heart Attack coordinator for HMC. She follows patients from the moment they arrive at the Emergency Department to three months post discharge. There are about 285 stroke patients a year. Her job includes educating patients on risk factors, new medications, calling 9-1-1, knowing the signs and symptoms of a stroke and discharge follow-up. Becca also provides school and community education and talks about how to recognize a stroke and what to do. During the 2018-2019 school year, she reached 1,500 students from Ka'u to Honoka'a and her goal for the 2019-2020 school year is to reach an additional 3,000 community members. Approximately 80% of all strokes are preventable and only about 15% of stroke patients receive the IV TPA medication (clot buster) due to the fact that people wait too long to seek treatment.

*Dr. Juneau and new family medicine resident Dr. Dani Iqbal conducting a clinical review of a patient in the cardiology department*



Visit our website or call the Foundation office for information on our FREE Teen Health Camps, Pre-Health Career Corps Program, and other FREE upcoming workshops or to volunteer with the Foundation at 932-3636

### Save the Date!

**Saturday,  
November 2, 2019**  
17th Annual Wine, Cheese,  
Chocolate & MORE!



Join us as we welcome new doctors to our community!



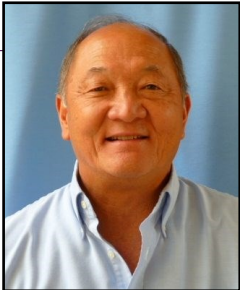
## HILO MEDICAL CENTER FOUNDATION®

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Congratulations to Dr. Dennis Lee and Dr. Mouhamed Kannass who were honored as Physicians of the Year at the 16th Annual Wine, Cheese, Chocolate, & MORE! fundraiser on Saturday, November 3, 2018.

Every dollar counts and we are honored to receive your charitable contributions. There are tax advantages to donating to the Foundation since all donations are tax deductible as allowed by law. There are many ways for you to show your support for the Foundation:

- **Write a check or Use your Credit Card.**
- **Stock Donation**
- **Give Real Estate**
- **Participate in a Corporate Matching Gift Program:** Employer matching gift programs are an excellent way to double your contribution to the Foundation.
- **Leave a Will or Bequest:** Bequests are the simplest and most common form of gift planning. Donors should consult with their legal advisor for assistance.
- **Establish a Charitable Endowment Fund:** An Endowment Fund with the Foundation is a fitting way to honor a loved one and create an enduring legacy that will be remembered for generations.
- **Donate a Life Insurance Policy, IRA or Pension Plan:** You may give a life insurance policy to the Foundation or you may also name the Foundation as the beneficiary of a life insurance policy, individual retirement account or pension plan.
- **Donate a Memorial or Honorary Gift:** Looking for a unique way to honor a family member, friend or colleague? A gift to the Foundation can be a living tribute on a birthday, anniversary, or other special occasion. Remembering a loved one with a memorial gift to the Foundation is an enduring tribute. We will mail a notification letter to the person of your choice if you wish to supply us with their name and mailing address; the amount of your gift would be kept confidential.