



# HILO MEDICAL CENTER FOUNDATION®

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## Heartfelt Donation by the Max and Yetta Karasik Family Foundation



During a ceremony held on April 4, 2022 at the Hawaii County Fire Department Station 14 in South Kohala, Dr. and Mrs. Richard Robbins representing the Max and Yetta Karasik Family Foundation presented the Hawaii County Fire Department with three (3) Lucas Chest Compression Systems. The device when strapped to a person's chest experiencing a cardiac event provides consistent chest compressions at the appropriate rate and speed eliminating first responder fatigue and making the ambulance or helicopter ride safer for both the patient and first responder.

These critical life saving devices will increase the chance of survival for those that live farther from lifesaving hospitals; which in some cases can be two (2) or more hours with Hawaii Island's remote geography.



# Thank You to Our Generous Donors!

## AL♥HA CART

HMC Foundation continues to care for patients on what is often their most difficult days by delivering smiles, conversation, and comfort items to patients. Our volunteers also have the opportunity to provide uplifting items to staff to keep their spirits up and help them feel cared for and valued.

The cart runs twice daily. If you would like to make a monetary donation to the cart, volunteer or donate items, please contact our office at 808-932-3636



## Hawaii Island Family Medicine Residency Program Welcomes Six New Residents



Please join the Hilo Medical Center and Hilo Medical Center Foundation in welcoming the next class of residents to the Hawaii Island Family Medicine Residency Program.

Pictured below during the Rotary Club of Hilo's annual Hilo Brewfest event where the residency program provides first aid support and is a beneficiary of part of the proceeds from the event to support rural rotations.

*Pictured below from left to right: Grace White, MD, Ipo Hemaloto, MD, Christopher "Kodi" Alvord, MD, Grace Louchheim, MD, Sierra Nicol, DO and Vanessa Ignacio, MD*

# Pre-Health Career Training Going Strong!

Providing Housing and Transportation to Support Rural Rotations



*JABSOM First year medical students study during a 2-month rural rotation to Hawaii Island.*

Hilo Medical Center Foundation is proud to provide FREE housing and ground transportation, via donated vehicles, for health professions students participating in clinical rotations with local healthcare providers on Hawaii Island. In May 2022, the Foundation purchased a 4,013 square foot eight bedroom home to support the sustainability of the rural training tracks at health professions schools across the state. The program provides housing for a wide-array of health professions students: behavioral health, dietetic, medical, nursing, physician assistants, pharmacy, physicians in residency training (family medicine, obstetrics and gynecology, pediatrics).

If you are interested in learning more or donating to this program, please visit our website or contact our office; we would love to speak with you.



## Hilo Medical Center Foundation Welcomed 35 New Healthcare Providers to East Hawaii in 2022

At the 20th Annual Wine, Cheese, Chocolate and More! Gala on November 6, 2022, the Foundation was proud to introduce community members to new providers in East Hawaii which include anesthesia, cardiology, critical care, emergency medicine, family medicine, gastroenterology, general surgery, gynecology, internal medicine, pathology, pediatrics, plastic surgery, psychiatry, pulmonology and urology. These specialties are critical for our community members to receive care close to home.



### Congratulations!

Hilo Medical Center Foundation Executive Director, Lisa Rantz, was selected as the 2022 Athena Award Winner by the Hawaii Island Chamber of Commerce for all of her hard work and dedication to help develop a robust rural healthcare workforce to meet the needs of community members across Hawaii Island.

Lisa is honored to be a part of such a wonderful group of women who excelled in their careers while supporting other women along the way. We are proud of Lisa and all she has accomplished since joining the Foundation in November 2014.





# HILO MEDICAL CENTER FOUNDATION®

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Hilo, HI 96720

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[www.hilomedicalcenterfoundation.org](http://www.hilomedicalcenterfoundation.org)

## Please join us in welcoming our new class of Family Medicine Residency Physicians.



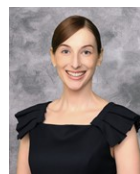
Kodi Alvord, MD



Ipo Hemaloto, MD



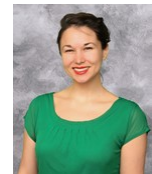
Vanessa Ignacio, MD



Grace Louchheim, MD



Sierra Nicol, MD



Grace White, MD

Every dollar counts and we are honored to receive your charitable contributions.

There are tax advantages to donating to the Foundation since all donations are tax deductible as allowed by law.

There are many ways for you to show your support for the Foundation:

- **Write a Check or use your Credit Card.**
- **Stock Donation**
- **Give Real Estate**
- **Participate in a Corporate Matching Gift Program:** Employer matching gift programs are an excellent way to double your contribution to the Foundation.
- **Leave a Will or Bequest:** Bequests are the simplest and most common form of gift planning. Donors should consult with their legal advisor for assistance.
- **Establish a Charitable Endowment Fund:** An Endowment Fund with the Foundation is a fitting way to honor a loved one and create an enduring legacy that will be remembered for generations.
- **Donate a Life Insurance Policy, IRA or Pension Plan:** You may give a life insurance policy to the Foundation or you may also name the Foundation as the beneficiary of a life insurance policy, individual retirement account or pension plan.
- **Donate a Memorial or Honorary Gift:** Looking for a unique way to honor a family member, friend or colleague? A gift to the Foundation can be a living tribute on a birthday, anniversary, or other special occasion. Remembering a loved one with a memorial gift to the Foundation is an enduring tribute. We will mail a notification letter to the person of your choice if you wish to supply us with their name and mailing address; the amount of your gift is kept confidential.